

THE CHANGE HOUSE

Rules for the Change House

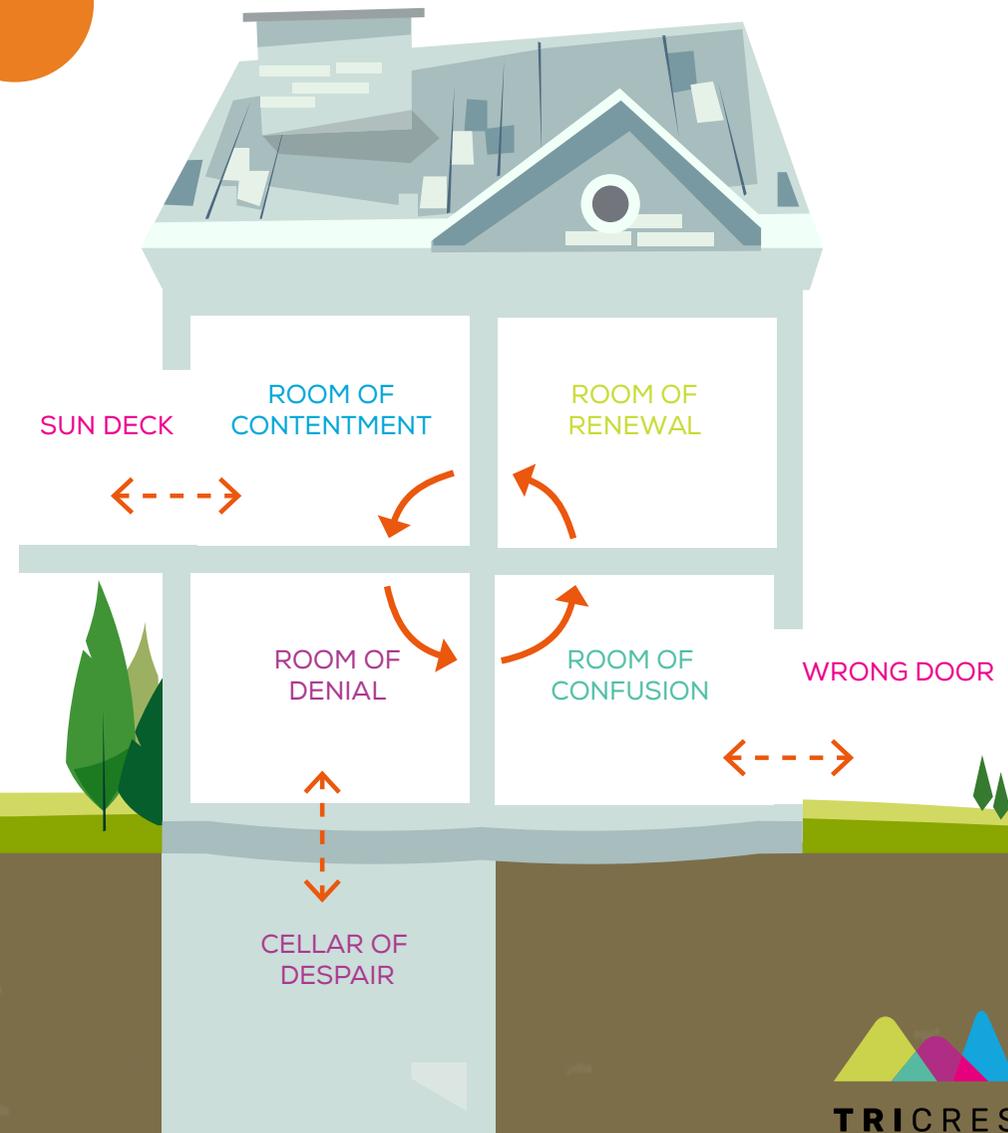
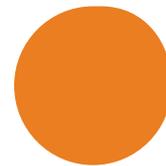
You can only move in one direction through the four main rooms of the change house.

The period of time you spend in each room varies from person to person and organisation to organisation.

Recognising where you are right now helps you understand the feelings, thoughts and emotions you're experiencing and move on from them or enjoy them.

Change is inevitable.

Going with the notion of change is much easier than attempting to resist it.



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Room of Contentment

A happy place to be.

What are the risks to business of being in this room for too long and hanging out on the sun deck?

In recent years we have seen whole industries disappear because they stayed in this room and out on the sun deck for far too long.

Room of Denial

This is where most organisations and people go when change is coming or happening. If you stay here for too long, you end up in the cellar of despair.

As a leader, bringing people out of this room as quickly as possible will help keep the business moving forward.

Room of Confusion

This room seem chaotic and uncertain, however, rest assured that after confusion, always comes clarity. So embrace a little confusion, knowing that clarity is on the horizon. Again, resisting this room will delay renewal.

In confusing times, don't make decisions when you're tired, hungry or angry as they'll be the wrong decisions. Step back, observe the confusion as though you're standing on a balcony watching it play out on the dance floor and notice what needs to happen.

Room of Renewal

Once the confusion has passed, this will room will feel amazing. Everyone has got used to the changes and feels refreshed and ready to get going and make things happen.